

School Health Team

Children and Young People Directorate
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Dear Parent/Guardian

Measuring the height and weight of children in Reception Year and Year 6

Each year in England, children in Reception Year and Year 6 have their height and weight measured. Your child's class will take part in this year's measurement programme on: 18 May 2016 (Year 6 Children))

Why do I need to have my child measured?

It is important to have a good understanding of how children are growing, so the best advice and support can be provided for them and their families. Helping children to achieve a healthy weight is a national and local priority and research shows that it is not always easy to recognise whether a child is a healthy weight.

What happens when my child is measured?

The measurements will be done by Kent Community Health NHS Foundation Trust's School Health Team. Children are fully dressed except for their coats and shoes. The measurements will be done in a private area away from other pupils.

What happens to the Information?

Routine data, such as your child's name, sex, address, postcode, ethnicity and date of birth will also be collected. This information is used by your local council and the NHS to help us plan the advice and support for children and their families in your area. We may store the information on your child's health record. No child's height or weight measurements will be given to school staff or other children.

This data will be submitted to the Department of Health for national analysis and publication. Your child will not be identified in any way. All information and results will be treated confidentially.

NCMP Parent August 2015 (V2)

When will I receive my child's measurements?

We will send your child's results to you. These will indicate whether your child is of an average weight, under or over-weight. We will also provide you some useful information on healthy eating and being active. You may be contacted by a member of the school health team following the measurements to discuss your child's results.

Opting your child out of the programme

If you do not wish your child to take part, please inform us at least two working days before the measurements are due to be taken, using the contact details at the top of this letter

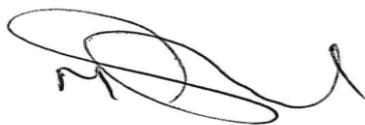
Children will **not** be made to participate if they do not want to.

Where can I get further Information?

Kent has established a local partnership of agencies to provide support. If you would like more advice and support, please contact us using the contact details at the top of this letter or visit:

www.kentcht.nhs.uk/home/our-services/school-nursing-service-kent

Yours faithfully,



Mark Shepperd
Director of Operations
Children and Young People